



Shustoke Sailing Club

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SAILING INSTRUCTIONS FOR CLUB SAILING

SECTION A - GENERAL:

Sailing on Shustoke Reservoir is controlled by the Shustoke Sailing Club and is subject to club rules, the by-laws and lease conditions of STWA and the International Regulations for Preventing Collisions at Sea.

The decision to open or close the water for sailing is the sole responsibility of the duty Officer of the Day (OD), including the decision to start, cancel, postpone or abandon racing. In exceptional circumstances the OD may be relieved of responsibility by an officer of the club taking over the OD role.

The OD or any Officer of the Club (or Instructor/group leader for those under their supervision) may prohibit from going afloat any person or boat they consider to be a risk to themselves or others in the prevailing conditions.

While on the Shustoke Sailing Club premises a person under the age of 16 years must at all times be under the responsibility of a parent or guardian.

Boats not taking part in organised club racing (including organisers of training or other events) are still under the direction of the OD and shall follow any restrictions on time or place of sailing imposed on them. Boats not taking part in the club racing shall make every effort to keep clear of racing boats.

SECTION B - INSTRUCTIONS APPLICABLE TO ALL BOATS, RACING OR NOT:

Safety

The safety of a boat and all persons aboard and her entire management shall be the sole and inescapable responsibility of the owner/person in charge of the boat. The Club shall not be liable for any loss, damage, death or personal injury however caused to the owner/competitor, his skipper or crew as a result of their decision to sail or race.

Moreover the owner/competitor warrants the suitability of their boat and crew for the prevailing conditions.

Insurance

All boats must be insured against Third Party risks for a minimum of £2,000,000 and a declaration of compliance is required from all competitors before being allowed to sail.

Personal Buoyancy

Adequate personal buoyancy **must** be worn at all times when on the water or pontoons. Buoyancy aids shall be of the type that requires no action on the part of the wearer upon entering the water to keep afloat. Neither a wet-suit or a dry-suit constitutes adequate buoyancy. A full wet-suit or a dry-suit suitable for the conditions must be worn between the months of December and March while on the water.

Abandonment

The decision to abandon sailing lies with the OD or lead instructor and may be taken for reasons not immediately evident to sailors. If an abandonment is signalled then all boats on the water should immediately return to shore and report to the OD for further instructions.

An abandonment will be signalled by flying or waving flag N (blue and white checks) accompanied by 4 sound signals. This signal may be repeated at intervals until all boats on the water have returned to shore, whether racing or not.

The safety boat acting on instructions from the OD shall take such action as is necessary to ensure that the abandonment signal is promptly complied with.

SECTION B - SAILING INSTRUCTIONS for CLUB RACING

Authority

For the purposes of this rule, the RYA is the National Authority and Shustoke Sailing Club (SSC) is the organising authority. Under the rules of SSC the Sailing Committee is appointed as the Race Committee, but shall delegate the responsibilities to the OD and duty crew for each days racing.

Rules

Racing will take place under the Racing Rules of Sailing 2013-2016 (RRS), the prescriptions of the RYA including the RYA Charter, the appropriate class rules and these sailing instructions. Starting times for the races will be published prior to the start of each series. Changes to instructions will be posted in or adjacent to the OD Office.

Signing on

All entrants must sign on prior to each race, normally on the form in the OD office. Helms must sign on again if they change boat, sail number or class between races.

Measurement

All completing boats must comply with their class rules. Competitors may be required to produce a valid certificate of measurement or otherwise demonstrate that their boat and equipment is in class before a race result is awarded.

Courses and Marks

The course will be displayed on a board beside the OD office and may also be displayed on the committee boat. If it is displayed on the committee boat, this takes precedence.

The marks used shall be will be the permanent club marks plus any additional ones that may be nominated by the OD for that race and which shall be clearly drawn and marked on the course board. Numbered discs on the course board may be used to describe the order and direction of mark rounding (Green discs - leave the mark to Starboard, Red discs leave the mark to Port). The discs if used will normally take precedence.

Change of Course

The OD may move a course mark during a race which will be signalled only by flying flag C (blue/white/red/white/blue horizontal stripes), no sound signals. This changes RRS rule 33.

Race Duration

For handicap and class races, the number of laps to be sailed will be displayed on the course board. A lap is completed as the boat has sailed the course and passes the nominated finish line. A handicap or class race may be shortened in accordance with RRS 32. If the number of laps is not displayed on the course board, the race shall continue until shortened according to RRS 32.

For Pursuit races, the race duration shall be displayed on the course board. The finish shall be by one long sound signal. Boats shall then continue on the course holding station relative to boats in front and behind until a second long sound signal is made.

Capsize

In the event of a capsize, outside help from the rescue boat is permitted to assist the crew back into the boat and to help right the boat if it inverts. This changes RRS Rule 41.

Starts

The start line will be shown on the course board. When the committee boat forms part of the line, the line shall pass from half way along the length of the cabin.

The starting procedure will be in accordance with RRS Rule 26. Subsequent class starts will be at times displayed at the OD office.